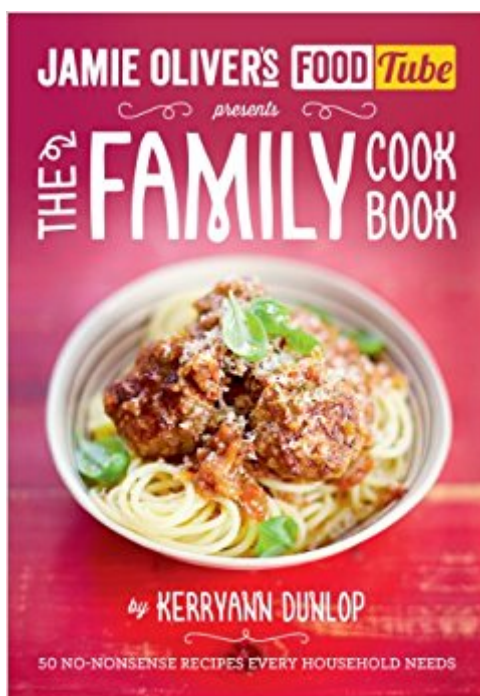


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The Jamie's Food Tube The Family Cookbook: 50 No-nonsense Recipes Every Household Needs



Synopsis

The Family Cookbook, a selection of 50 hearty, everyday recipes, from Food Tube's own Kerryann Dunlop. 'Kerryann is a big character with a tone and style that's warm, motherly and gentle - with these recipes and her thrifty family tips and tricks, you'll have a bunch of recipes that'll serve you well for years to come' - Jamie Oliver Kerryann's no-nonsense approach to creating comforting family meals show that it's not hard to eat delicious food on a tight budget. She also has plenty of tips and tricks to get the most out of fresh, simple ingredients. Her simple twists on meat, fish and veg classics include: - Homemade Fish Fingers and Minty Smashed Peas - Potato, Chickpea and Cauliflower Curry - Lamb Chops with Aubergine Salad and Cucumber and Mint Yoghurt

Book Information

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Customer Reviews

Viewers first came across Kerryann when she appeared as one of Jamie Oliver's original 'Fifteen' apprentices on Channel 4. Originally from Hackney, East London, she qualified as a silver-service waitress before her life was changed on being selected to train with Jamie. She has continued to work as a chef and is now a mum.

After enjoying Kerry Ann's free tutorials online, I resolved to purchase her book and I am very satisfied. It is extremely difficult to develop healthy palates in children leading to an appreciation of vegetables. Kerry Ann succeeds with style and her advice for encouraging healthy eating is helpful. So far, my teenagers enjoy all of the dishes and so I plan to purchase additional copies when they

leave for college. The layout and photos (including Kerry Ann's kids) are delightful. My only complaint is the absence of American measurements--perhaps they could be included in the next edition.

I love watching Kerryann on YouTube. Her meals look tasty, and her style is so approachable. Definitely check this out. The book is a good cost for what you get.

I've seen her on Jamie's Food Tube and liked the recipe she made there. I bought the book and found several more recipes to try. They aren't complicated and they all look delicious.

This is a great little cookbook if you want simple, easy, comfort food. It's the companion to Jamie Oliver's Food Tube series on You Tube, so you can watch Kerryann fix the recipes, too.

I like Kerryann so much! With a small and a little child next to me her simple but colourful recipes are perfect choice for me every day.

This little cookbook is packed full of great budget-friendly family meals. Kerryann Dunlop is a fantastic teacher and a superb chef. Wonderful purchase!

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